

# The 24th Annual Buddy Walk



The Buddy Walk<sup>®</sup> was developed by the National Down Syndrome Society in 1995 to celebrate Down Syndrome Awareness Month in October and to promote acceptance and inclusion of people with Down syndrome. It is with much gratitude for all our walkers that we celebrate the 24<sup>th</sup> Annual Buddy Walk<sup>®</sup>.

UPSTATE CEREBRAL PALSY  
258 GENESEE ST. MEZZANINE LEVEL  
UTICA, NY 13502

Please join us to celebrate!

## BUDDYWALK<sup>®</sup>

national down syndrome society<sup>®</sup>

EDUCATE | ADVOCATE | CELEBRATE



Sunday, September 29<sup>th</sup>, 2019  
10:00 AM  
Hanna Park, Utica

UPSTATE CEREBRAL  
PALSY

# Buddy Walk® Pledge Form

Approximately 6,000 babies are born each year with one extra chromosome. This genetic change is known as Down syndrome. Little is known about this change, but it is a fact that children with Down syndrome benefit from the same care, attention and inclusion in community life from which all children learn. The Buddy Walk® provides support for families and the inclusion and acceptance of people with Down syndrome.

This event provides an opportunity to understand, appreciate and see these people for who they truly are . . . *Able, Unique, Gifted and Diverse!*

Get involved and be inspired by participating in the Buddy Walk®. Every step we take is a step closer to our goal. *There is no fee to participate, but pledges/donations are greatly appreciated and will be used for education and advocacy.*

Name: \_\_\_\_\_  
 Team/Group Name: \_\_\_\_\_ No. of Walkers: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
 Telephone: \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

## Please bring this form and your pledges to The Buddy Walk®!

If you are unable to attend and wish to make a donation, or would like to send in your pledges in advance, please mail this form and check(s) payable to Cerebral Palsy Association, to: Upstate Cerebral Palsy Buddy Walk®, 258 Genesee Street, Mezzanine Level, Utica, NY 13502. You may also bring pledges with you the morning of the walk on **September 29<sup>th</sup>**. All donations are tax-deductible. Call (315) 927-3463 with questions or visit [upstatecp.org/events/buddy-walk](http://upstatecp.org/events/buddy-walk).

NAME	ADDRESS	AMOUNT PLEDGED
TOTAL PLEDGES: \$		

## CELEBRATING 24 YEARS TOGETHER!

### Sunday, September 29th...Let's Walk!

Registration and opening activities begin at **10:00am**.

The one-mile walk, starting promptly at 11:00am, begins and ends at Hanna Park in Utica, followed by games & activities for kids, snacks, music and much more!

Down Syndrome literature will be available and merchandise will be for sale.

For information about the walk or services at Upstate Cerebral Palsy, call (315) 927-3463 [www.upstatecp.org](http://www.upstatecp.org)

