



## **2021 Summer Externship in Complex Developmental Disabilities**

**Position Summary:** The School Age Division at Upstate Cerebral Palsy is excited to offer a cutting edge paid summer externship experience for three undergraduate students eager to explore career opportunities within the field of intellectual and developmental disabilities (IDD). This externship is ideal for students intending on pursuing a career and possibly advanced education in the field of psychology, social work, medicine, teaching, and/or therapy. Undergraduate clinical externs will gain exposure to professional skills, activities, and evidence-based practices used for the education and treatment of children with complex developmental disabilities and co-occurring psychiatric, medical, dietary, motoric, and sleep disorders. The externship runs from 5/17-8/13/2021.

The clinical externship promotes three main goals:

1. Knowledge: didactic training related to diagnoses, assessment, and treatment.
2. Application: hands-on experience in the treatment room, classroom, and community.
3. Career Exploration: Examining careers through extern process group, lit reviews, and guest speakers.

### **Position Activities**

- Complete Core Externship Didactic program
- Gain exposure to state of the art clinical assessment practices used to address severe behavior and teach essential skills.
- Learn hands on skills across a variety of contexts: treatment rooms, classrooms, and the community
- Opportunities to talk with BCBAs, teachers, therapists, clinicians, medical staff, dieticians, social workers, psychologists, and direct care staff
- Trade experiences and observations with other externs in the process group
- Attend guest speaker presentations for career exploration
- Complete and present an externship project, such as case presentation highlighting a clinical or instructional technique.

### **Requirements**

- Undergraduate student actively pursuing a Bachelor's degree (sophomore or above)
- Background in Psychology or Special Education
- Externship is 35 hours per week and runs from 5/17-8/13/2021
- Complete application and agency background clearance

### **Key Dates**

- **Applications are due on 3/26/2021**
- **Interviews Completed by 4/19/2021**

*For more details, contact Chief Psychologist Erik Jacobson, Ph.D. at 315.927.3465  
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